

# First-in Fire Fighter training



## LEVEL

Initial training



## TARGET AUDIENCE / RELEVANT STAFF

Any company staff member.



## OBJECTIVES

- Know the principles of origin and development of a fire to better fight it.
- Develop the ability to analyze and react to a fire development.
- Learn how to use the fire extinguisher adapted to the type of fire.



## CONTENTS

### Theoretical

- Combustion: Combustible, oxidizing, activation energy / Fire classes / Areas of ignition, flash point, autoignition point / Charge and heat flow / Combustion product
- Spread of fire and smoke: Why? / How?
- Extinguishing agents and their characteristics.
- Extinguishing processes.
- Portable extinguishers: Operation modes/ Distances and useful ranges.

### Practice

- Building Fire instructions.
- The main fire risks in the building.
- Practical fire fighting exercises on real fires.

 **Duration** indicative basis  
4 hrs.

### Prerequisites

There are no prerequisites for this course.

### Method

- Theoretical course in classroom.
- Practical training provided in a suitable area.
- A qualified and experienced trainer provides the training action.

### Evaluation

- **Theoretical** : None
- **Practice** : None

### Validity

Maximum 2 years.

### Contact

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