

First-aid Rescue Worker- Initial



LEVEL

Initial training



TARGET AUDIENCE / RELEVANT STAFF

Any staff of a company.
From 4 trainees minimum up to 10 trainees maximum.



OBJECTIVES

Be able to react effectively and safely to an accident at work situation, by helping the victim(s).



CONTENTS

Theoretical

- Define the legal framework of intervention.
- Apply protection skills for prevention actions.
- Inform the persons designated in the organization plan of the hazardous situation(s) identified.
- Achieve appropriate protection.
- Examine the victim(s) for the implementation of the chosen action for the result to be obtained.
- Alert according to the emergency response plan of the company.
- Rescue the victim(s) appropriately.

Practice

Practical exercises, scenarios.

Training based on the SST training standard of INRS.

 **Duration** indicative basis
14 hrs / 2 days

Prerequisites

There are no prerequisites for this course.

Method

- Demonstrations and professional situations.
- A qualified and experienced trainer provides the training action.

Evaluation

- **Theoretical** : Validation test (INRS / SST training repository).
- **Practice** : Simulated simulation (INRS / SST training repository).

Validity

Maximum 2 years.

Contact

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